

Tonya Harris

Speaker ● Author ● Award-Winning Toxin Expert

"Tonya is a dynamic and positive influencer. Her visit to *This is it TV* was a complete pleasure. She captivated our audience with her humor, relatable stories, and realistic advice. It is always a pleasure to have her on our show. "

- Cheldin Barlatt Rumer, Executive Producer/Host, *This is it TV*



Speaking Topics

- Living Slightly Greener: How to Go Green Without Going Crazy
- How Your Home May be Contributing to Your Child's Behavior & Attention Issues (and Simple Solutions)
- Smashing the Stigma of Learning Disabilities
- Different is a Superpower: Helping Your Child Look Beyond Their Label & Into Their Possibilities

Biography

Tonya Harris is an award-winning environmental toxin expert, the founder of Slightly Greener and the creator of the Slightly Greener Method™, offering busy moms simple solutions to reduce toxins without turning their lifestyle upside-down.

As a childhood leukemia survivor and mother of three (including one with multiple learning disabilities), Tonya helps parents learn how toxins in the home can affect their family's health. In addition to Board certification and a Master's degree in holistic nutrition, she holds multiple certificates in the environmental health field.

Tonya has been featured in Parents, Reader's Digest, Thrive Global, Bustle, SheKnows.com and has appeared on TV shows such as Great Day Washington, Good Morning Cincinnati, Good Day Charlotte, and The Dr. Oz Show for her expertise in environmental toxins and holistic nutrition.

Recently, Tonya and her daughter were featured in an upcoming short documentary, "You're Gorgeous, I Love Your Shirt; A Look Into The Crisis of Bullying and Mental Health" by award-winning director Tricia Brouk. Look out for the documentary's release in 2019, as well as the launch of Tonya's new podcast, "The Happy Child Project" in June 2019.

Tonya was also one of twenty featured speakers at the inaugural Speakers Who Dare event in NYC, which was recorded and broadcast to over 300+ platforms including Roku, AppleTV, and more. In addition, she has spoken at multiple One Woman FEARLESS events, as well as several Speaker Salons in NYC area.

Contact

Web

slightlygreener.com

Email

media@slightlygreener.com

Phone

630-330-6898

LinkedIn

[linkedin.com/in/tonyaharrismshn](https://www.linkedin.com/in/tonyaharrismshn)



NBC



FOX



Parents

Reader's
digest